

# GREAT HEARTS WESTERN HILLS UPPER SCHOOL 2024 SUMMER ATHLETICS



DATE	CAMP
June 17 - June 20 (Mon - Thurs)	5th Grade Soccer: 8 am - 10 am
June 24 - June 27 (Mon - Thurs)	MS (6th - 8th Grades) Soccer: 8 am - 12 noon
July 8 - July 11 (Mon - Thurs)	MS (6th - 8th Grades) Softball: 8 am - 12 noon 5th - 8th Grade Golf: 8 am - 12 noon 5th Grade Basketball: 8 am - 10 am
July 15 - July 18 (Mon - Thurs)	MS (6th - 8th Grades) Volleyball: 8 am - 12 noon MS (6th - 8th Grades) Flag Football: 8 am - 12 noon 5th Grade Volleyball: 8 am - 10 am
July 22 - July 25 (Mon - Thurs)	MS (6th - 8th Grade) Basketball: 8 am - 12 noon 5th Grade Flag Football: 8 am - 10 am
July 15 - Aug 8 (Mon - Thurs)	Advanced Strength & Conditioning: 5 pm - 6:30 pm



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## DESCRIPTION

- Camps are for scholars entering that specific grade for the '24-25 school year. For example: 5th grade camps are for scholars who will be entering 5th grade.
- All MS Camps will have 2 hours of sport specific training and 2 hours of strength & conditioning.
- Advanced Strength & Conditioning is only open to scholars in grades 8 - 11.

## COST

- 5th Grade Camps: \$75
- 5th - 8th grade golf: \$115
- MS Camps: \$115
- Advanced Strength & Conditioning: \$200

## REGISTRATION

- Registration will open March 18th and closes May 31st via Configio
- Camps do need to have a minimum requirement of participation in order to happen. 5th grade camps are maxed at 30, Middle School camps at 20, and advanced strength and conditioning at 16.
- If the maximum is reached, please make sure you request to be on the waitlist, as this will help us determine if we can add more dates and times or notify you if a spot opens up..

## CONTACT

Please reach out to Athletic Director Coach Disney Alvarado at [elizabeth.disney@greatheartstxschools.org](mailto:elizabeth.disney@greatheartstxschools.org)

